



Genesee Valley **Senior/Adventure Camp** **Overnight Packing List**

Everyday Items

- Water Bottle
- Clothes that are comfortable and can get dirty
- Comfortable walking shoes that cover the heel
- Extra clothing / extra shoes
- Lunch
- 1-2 Swimsuits and towel
- Rain gear
- Sunglasses / hat / sunscreen
- Backpack / tote bag

Overnights

Sleeping Bag / Pillow
Mess Kit (silverware and bowl)
Backpack that can hold all gear

Mug/Cup
Shower Stuff
Bug Spray

Flashlight
Hygiene Products

Clothing

4 Shorts
Underwear
1 Long Sleeve Shirt

4 T-Shirts
1 Pair Long Pants

6 Pairs of Socks
1 Sweatshirt

Optional Items

Sleeping Pad
Playing Cards
Flip Flops (For around camp only)

Frisbee
Book

Fishing Gear
Camera

* As a general rule, clothing should be made of synthetic material (non-cotton) such as polyester, polypropylene, and fleece are best for outdoor use as they dry much faster and retain their warming ability when wet. Blue jeans, sweat pants, and cotton sweat shirts are strongly discouraged.

If you have any questions regarding the packing lists or need assistance, please contact our office and ask for Bubba at 410-343-0138.

Prohibited Items

Cell Phones, Walkmen, Discman, MP3Gameboys & Other Electronic Game Devices, Pocket Knives/Hunting Knives, Lighters/Matches